



Sunshine

PREVENTION CENTER FOR YOUTH & FAMILIES

REGISTER NOW FOR SOCIAL SKILLS PROGRAMS

Though life may
seem dark and cloudy,
remember...

Social Development topics include:

- Friendship
- Self-esteem
- Anger Management
- Positive thinking
- Expressing emotions
- Coping with anxiety
- Communication
- Handling conflict
- Dealing with Bullying/Teasing

Evenings Support Groups:

- Age 5 through teens
- Young Adult group
- Parent/Guardian
Component

CALL TO MAKE AN APPOINTMENT
FOR AN IFA – TO LEARN MORE
ABOUT THE PROGRAMS

ALSO OFFERED: COURT-APPROVED PROGRAMS
PARENTING & ANGER MANAGEMENT, COMMUNITY SERVICE

www.sunshinepreventionctr.org

REGISTRATION AND CONTACT INFO: 631-476-3099

EMAIL: AMBER.SUNSHINECENTER@GMAIL.COM OR DRCARTER.SUNSHINECENTER@GMAIL.COM

Working together to build Drug-free & Violence-free Communities
Sunshine Prevention Center. 468 Boyle Road. Port Jefferson Station
www.sunshinepreventionctr.org